

January 31, 2020

Dear Parents/Guardians,

We are seeing an increase in illnesses at Woodland, particularly the flu (Type A and B), flu-like symptoms and colds.

If your child has been diagnosed with the flu or strep throat, please be sure to notify the health office. The number of cases diagnosed will help us determine the proper disinfecting methods that need to be taken to ensure the safety of all students and staff.

Please keep your child home if they:

- are experiencing chills or body aches without a fever.
- **have a fever (>100F). Please note: *before returning to school, your child must be fever free without medications (Tylenol/Advil/Motrin/Aspirin) for 24 hours.***
- are coughing continuously or have excess secretions.

If your child does not feel well in the morning, please keep them home. Medicating a sick child before sending them to school increases the risk of spreading illnesses.

Always encourage frequent **HANDWASHING!**

We thank you for your continued cooperation.

Keeping healthy at Woodland.

Ms. Taggart
Woodland Nurse
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